

01  
02  
2026  
Jan - Feb

YOUR

NEWS

aspire  
Community Benefit Society



## Valentines Love!

Valentines Day brought smiles and special moments across Aspire services as everyone celebrated in their own unique way.

There were romantic date nights and delicious dinners where people enjoyed great food and even better company. Other services got creative with arts and crafts, making colourful cards, stunning decorations and gifts for loved ones. Some groups turned up the music and hosted brilliant Valentines discos!

It was wonderful to see so many different celebrations taking place across Aspire.

The day was all about friendship, kindness and having fun together- and it certainly delivered on all three.



**YOUR NEWS:** Big Stories

## Powering Up!



We are proud to celebrate the launch of our new **Safety Champions Roadshows!**

Funded by **Electrical Safety First** this exciting project is the next step in making Health and Safety training more inclusive. Now people in Aspire can take part in hand-on learning, not just staff.

Lead by Health and Safety Manager **Paul Houghton**, the sessions are fun, practical and easy to understand. Everyone learns how to spot electrical dangers and they even test their own items to ensure they're safe at home.

This is an important step in inclusive education giving everyone knowledge, confidence and independence.

## Rhinos Rock Vegas



**Brendan had a once-in-a-lifetime adventure when we travelled to Las Vegas with Leeds Rhinos to watch their matches across the pond!**

He enjoyed the exciting atmosphere, lights and cheering crowds. It was an unforgettable experience for Brendan and brother Mick- truly a dream come true.



# Sensory Corner

This month's Sensory Award goes to **Sammy from Bramley Fulfilling Lives.**

Sammy has been stretching her legs and kicking up a storm in the swimming baths, which is not only fantastic fun, it's perfect exercise for easing joints, pain and keeping healthy.

And, of course, Sammy does it all with her beaming smile. Well done Sammy!

## Across the City!

**Lewis and Peter from Endecliff have been litter-picking in their local area, showing true community spirit.** Armed with gloves and bags, they had great fun working together to keep their neighbourhood clean for all. Endecliff are inviting other bases to join them or organise a litter-pick in their own communities! Well done to Lewis, Peter and the team! Let's get involved and make a difference together. **ENE**

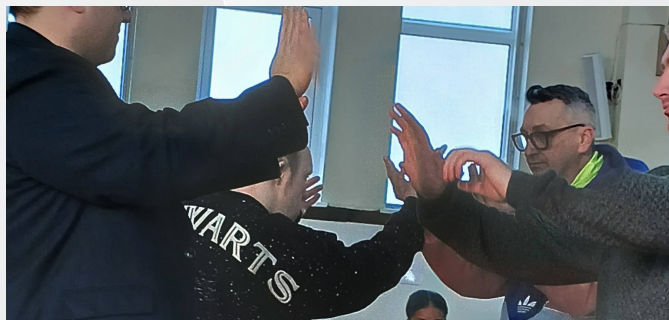
**Chris and Leanne's Coffee Morning at Hillside was a truly special and heartfelt event.** Held in loving memory of their late mums, the day was filled with sweet treats, hot drinks and laughter. Friends, staff and faces from Aspire and beyond came together in support, raising an incredible £164 for cancer charities. It was a beautiful tribute, full of love, strength and community spirit. **SSE**

**The Holt Park team had a fantastic time at "Beyond the Visual".** This special exhibit took place at The Henry Moore Institute in Leeds and featured art aimed at those with visual impairments. With interactive displays involving bold colours, movement and lights, the exhibit was truly engaging. It made us all think about what art can be enjoyed by everyone. **WNW**



# Across the City

**DAY SERVICES - Amazing things happen when worlds collide!** Those of you that attend **YAMSEN** recently enjoyed a special visit by **Bright Sparks**. The teams joined talents by theming games and activities into music with Elvis based drama. The smiles speak for themselves as the groups show us what magic can be created with teamwork!



**SUPPORTED LIVING - The Bedford team had a fantastic time at their Petting Zoo experience with Wild Science kindly sponsored by Morgan Sindall.** They met animals with scales, fur and shells in a fun hands-on session. Joyce bravely overcame her fears with a rat, while Karen was all smiles with a friendly gecko. It was a brilliant evening for everyone.



**RESPIRE & CRISIS - Scotthall Respite** have been getting creative in the kitchen during their stays; learning to cook and bake together. With every meal, everyone has been building confidence and learning to work as a team. Cooking has also been helping to build their motor skills, lifeskills and a sense of independence. Tony and Helen are especially proud of their creations! And delicious results make it even more rewarding!



*This edition has been dedicated in fond memory of Michael Stalbow*

01  
02  
2026



### Aspire CBS

Aspire Community Benefit Society supports people with learning disabilities to have better lives through the provision of high-quality, person-centred, care and support services.

**Aspire Community Benefit Society Limited** is a registered society in England and Wales under the Cooperative and Community Benefit Societies Act 2014. Registered number: 7062 HMRC Charities Reference Number: EW36148. VAT number 215 0549 36. Registered Office: Unit 2 Westfield Chambers, Lower Wortley Road, Leeds, LS12 4PX. To update your **communication preferences** call: 0113 535 3500 or email: [newsletter@aspirecbs.org.uk](mailto:newsletter@aspirecbs.org.uk)

