

Lets Cook...

# Porridge

**Prep Time:**  
3 Minutes

**Cook Time:**  
20 Minutes

**Serves:**  
1

## Things you need:

Apples  
2

Cinnamon  
1/2 Teaspoon

Porridge Oats  
5 Tablespoons

Milk  
1/2 Mug

Water  
1 Mug

## Optional Toppings:

Syrup

1tbsp Yoghurt

## Equipment:

Knife

Pan

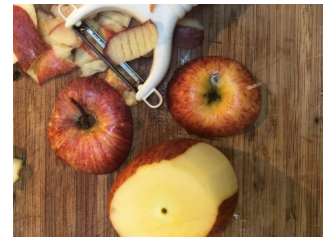


# Here's How:

1 Rinse apples.



2 Chop top and bottom off. Peel skin, flip upside down, peel rest, throw peel away.



3 See the hole? This core has seeds in, cut round it, then throw or plant it! Chop rest of the apple chunks we need those.



4 In pan, add apple chunks and 1 mug cold water, boil for 10 minutes until apples soft.



5 Add 5 tablespoons of porridge oats, 1/2 teaspoon cinnamon, half cup milk, stir for 7 minutes until creamy.



6 Pour in bowl and eat as it is or stir in cream and syrup. Yum, tastes like Apple Crumble!

